

CANDACE BERINGER, L.M.T.



Arizona State License Number: MT-02103P

Phone: 928.282.1646 / Cell : 928.301.1204

EDUCATION

University of California San Diego 1984
Health Management & Exercise/Nutrition

Mueller College of Massage & Holistic Studies 1986
Certified Massage Therapist / Holistic Health Practitioner

Madonna Ministry 1997
Certified and Ordained Minister

Northern Arizona Massage Therapy Institute 2000
Licensed Massage Therapist

LICENSES & CERTIFICATES

Arizona State Licensed Massage Therapist / License Number MT-02103P

- **Medical Massage Therapy – MMT5 2008**
LUMBAR & HIP PAIN AND DYSFUNCTION
- **Medical Massage Therapy – MMT3 2007**
THORACIC SPINE & TORSO PAIN AND DYSFUNCTION
- **Medical Massage Therapy – MMT2 2006**
UPPER EXTREMITY PAIN AND DYSFUNCTION
- **Lymphatic Drainage Advanced - Dr. Chickley – Upledger Institute 2005**
- **CranioSacral Therapy Level 1 – Upledger Institute 2004**
- **Chinese Medical Massage – Tui Na 2004**
- **Reiki / First and Second Degree – Usui System 1995**
- **Lymphatic Drainage / Vodder Technique 1989**
- **TENS / Laser equipment training and protocol - BIOTRON – Denmark 1988**
- **Acupressure – Acupressure Institute 1988**
- **Vega Lux Color Therapy Equipment and Protocol – Dr. Peter Mandal 1988**
- **Certified Rebirther – Sondra Ray 1987**

ADJUNCT THERAPIES

Medical TENS equipment / Cold Laser Point Therapy
Iontophoresis delivered by TENS unit
Hydroculator – hot pack therapy
Hydrotherapy – hot and cold
Hot and Cold Rock Therapy
Polarity Therapy
Aromatherapy
Reflexology
Homeopathy
Bach Flower Remedies

WORK HISTORY

- After college I opened a Personalized Fitness Business, *RealBody Innovations*, setting up individual and corporate fitness programs. Accounts in San Diego County included: S.D. Naval Base, S.D. Yacht Club, Golden Screen Guild, U.C.S.D. Fitness Center, Catamaran Yacht Club as well as private clients. (Sold business in 1986.)
- 1986 opened The *Institute of Energetic Medicine* - first of its kind Holistic Medical Center in San Diego, CA. with 12 Doctors and 6 staff. We offered M.D., D.C., N.D., Psychology, Acupuncture, Colonics, Medical Kirilian (finger and toes), Color therapy and Vega Diagnostic equipment. This was state of the art medical diagnostics and treatment plans.

My practice focused on all aspects of Medical Massage, rehab, exercise, nutrition and general wellness with the use Medical TENS, cold Laser and color-puncture. As owner, I managed the staff and the business. (Sold that business in 1990.)

- 1991 to present: Founded and co-own *The Heart of Healing Advanced Massage & Therapeutic Care*, and offer Medical and Therapeutic Massage. I have had several office locations over the years and worked in a clinical setting with Dr. John Dye, N.D. and Dr. Les Adler, M.D. also in conjunction with other practitioners from 1992-1995. I currently receive Doctor referred patients by Dr. Shaida Sina, N.D. and Jeanette Campbell, L.Ac.